

## Illinois School for the Deaf Course Curriculum

**Course Title:** Health

**Course Description:** Grades 6 – 8. Classes will focus on making healthy choices. Students will learn the basic structure and functions of the human body and how they relate to personal health. We will also cover drug and alcohol abuse (Project Alert instruction provided by The Wells Center), the human maturation process, personal hygiene, self-esteem, nutrition, basic CPR/ first aid, sexual abuse and assault awareness and prevention (grades pre-k – 8 “age-appropriate”). We will utilize various school personnel (Health Center staff, LR educator, ASL Dept., Social Worker, P.E. educator, etc..) as well as outside experts, to talk with students about important matters of their health and lifestyle decisions.

\*Health class meets once a week, for 40 minutes.

### **Course Agenda:**

Topic	Classes Split/Together	Length of Unit (Time)	Standards (ILS for non-ELA and non-Math classes/CCSS for ELA and Math classes)	Standards (ELA CCSS for non-ELA and non-Math classes)
<b>Drug and Alcohol Abuse</b>  “Project Alert” provided through The Wells Center	Boys and girls are together.	12 weeks (480 mins.)	<b>22.A.3a , 23.B.3, 24.B.3, 24.C.2, 24.C.3</b>	<a href="#">CCSS.ELA-Literacy.RI.6.2</a> <a href="#">CCSS.ELA-Literacy.RI.6.7.</a>
<b>Basic CPR/ First Aid</b>	Boys and girls are together.	3 weeks (120 mins.)	<b>23.A.3</b>	<a href="#">CCSS.ELA-Literacy.RST.6-8.2</a>
<b>The human maturation process.</b>	Classes are split	9 weeks (360 mins.)	<b>23.A.2, 23.A.3, 23.B.3, 23.C.2b</b>	
<b>Sexual abuse and assault awareness and prevention.</b>	Classes are split.	3 weeks (120 mins.)	<b>24.C.1, 24.C.2, 24.C.3</b>	
<b>Personal Hygiene, self-esteem, Community Health</b>	Classes are split (switch at end of unit).	9 weeks (360 mins.)	<b>22.B.3, 22.C.3a, 23.C.3, 24.A.3b, 24.A.3c, 24.B.1</b>	
<b>Major Muscle Groups, Skeletal System, Digestive System, Nutrition</b>	Classes are split (switch at end of unit).	9 weeks (360 mins.)	<b>22.A.3a, 23.A.2, 23.A.3, 23.B.3</b>	

**Assessments:** Include the following: daily classroom work, participation, thinking maps, homework, written and oral quizzes, tests, projects, etc.

**Course Materials:** Personal Journal, Project Alert materials, assigned reading materials, supplementary materials, etc.